

ROCKFORD MIDDLE SCHOOL CENTER FOR ENVIRONMENTAL STUDIES



Rockford Middle School - Center for
Environmental Studies
Interim Principal
Robert Danneker
DannekerR@rockford.k12.mn.us

Dear RMS-CES Students and Families,

It has been another busy week at RMS-CES! Perhaps our most exciting news is that the candidate interviews for our new principal have begun! Round 1 was on Monday, and Round 2 is taking place today (Friday). Then, we have three different forums for our top two candidates to participate in on Monday: a student forum; a staff forum; and a community forum. The community forum will be held beginning at 5pm Monday and will conclude about 7pm. Attendance will be open to all, and anyone may submit a question ahead of time [here](#).

Looking ahead to the summer, please look for a separate email communication containing our summer programming registration! Summer programming will be offered at four sites across the district, and middle schoolers are encouraged to sign-up for continued skill-building in math and reading, along with engagement and fun this summer! The RMS-CES summer programming registration can be found [here](#).

Finally, with temperatures rising, we often see less clothing at RMS-CES. Staff and students were reminded this week that, in accordance with district policy, all students – male and female – should be covered from the top of the chest to the bottom of the buttocks. To review the entire district policy on student dress and appearance, please click [here](#).

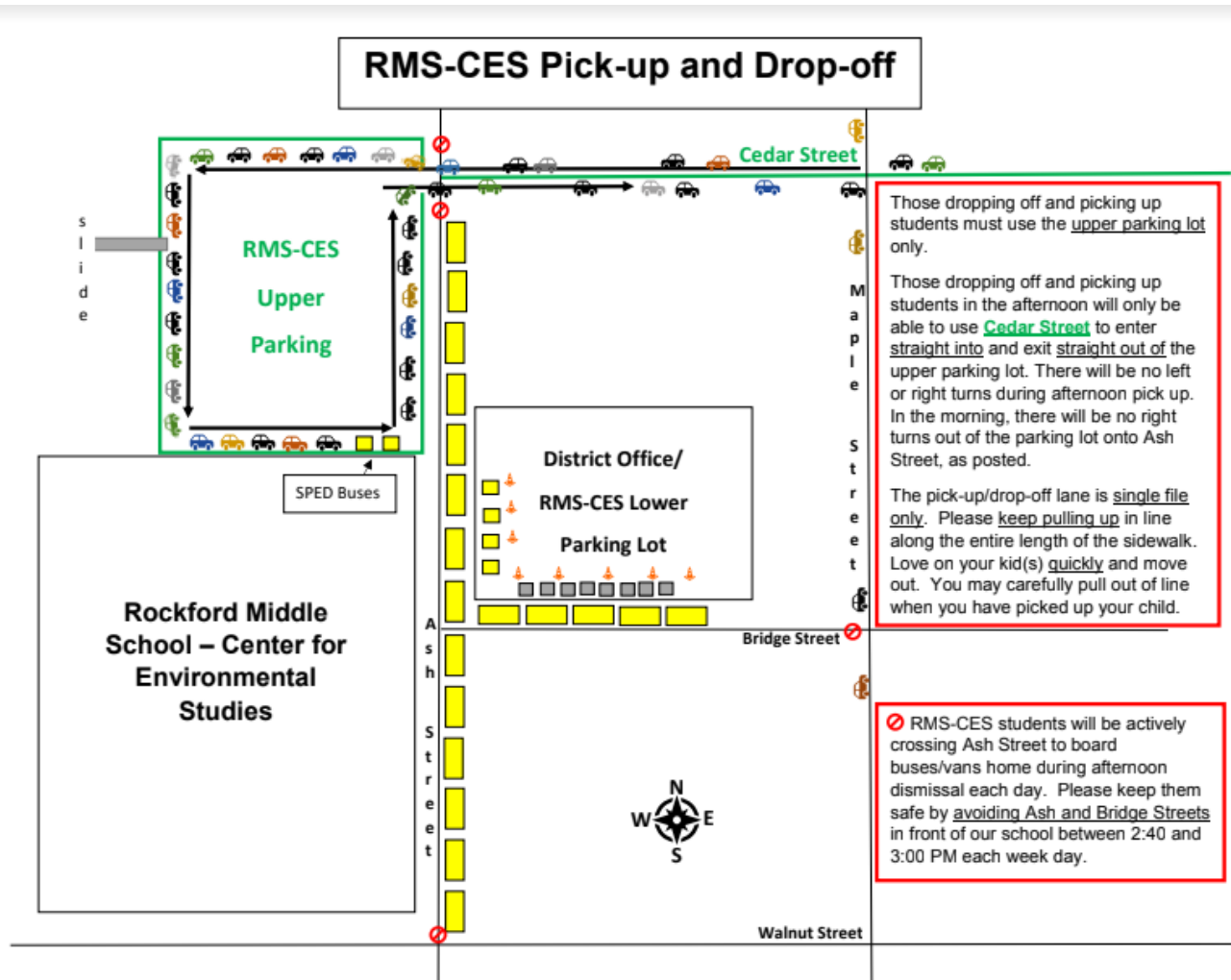
Get outside and enjoy the great weather this weekend! Go Rockets!

Sincerely,

Robert Danneker
Director of Students Services & Interim RMS-CES Principal
Rockford Area Schools
dannekerr@rockford.k12.mn.us
RMS-CES Office: 763-477-5831

ROCKFORD MIDDLE SCHOOL CENTER FOR ENVIRONMENTAL STUDIES

PLEASE REVIEW THE BELOW MAP FOR THE CORRECT PICK-UP & DROP-OFF PROCEDURES



THANK YOU FOR KEEPING OUR KIDS SAFE!

RMS-CES PARENT/COMMUNITY NEWS

Reminders & Opportunities

MAY

May 12th-Final Band
Concert @ RHS
May 20th-Final 7th/8th
Grade Choir Concert @
RHS
May 27th-Commencement
May 30th-No School

JUNE

June 3-LAST DAY OF
CLASSES



Save
the
date

RMS Principal Search Monday, May 9th-Community Forums:

As you know, we are in the process of hiring a Principal. We would like to invite you to participate in a Community Forum with the final candidates for the position.

WHEN: 5:00pm - 7:00pm in the RMS-CES Media Center.

Questions will be submitted through a google form that was sent via email or click [HERE](#) to submit your questions.

The deadline to submit the questions is May 4th, 2022, at 11:59 p.m.



Next week, May 9-13 will be the last week
for students to check out books.

All books are due May 16-20.

Contact Christa
Larson in our
District Office



Publicity Photographs

Throughout the year, photographs and videos are taken in classrooms and at school activities. Some of these may be published in local newspapers, on the local cable station or in Rockford Area Schools' publications and websites. Parents may request that their child's photograph and identifying their name not be published in district productions or websites. The request must be made in writing and sent to the **Rockford Area Schools District Office**, at **6051 Ash Street, Rockford, MN 55373**. (This does not apply to pictures of school events taken by the news media.)

**Looking for something to do this
weekend? Please click [HERE](#) to
view the Activiies Calendar!**



RMS-CES PARENT/COMMUNITY NEWS

Reminders & Opportunities:



Art Supplies

The RMS-CES Art Department is looking for scrapbooking paper. Please drop off at the RMS-CES Middle school office or send with your student!
Thank you!

Summer Break is fast approaching!
Let the countdown begin!

Summer

It's a great time to look for any library books, any outstanding school work, any missing cords or chromebooks (these will be getting turned back in to the school at the end of May-be looking for more info regarding chromebook return)

**SCHOOL
DAYS
LEFT**



RMS-CES PARENT/COMMUNITY NEWS

Reminders & Opportunities:

Rockford Sports Equipment Drive



Donate gently used or new sporting gear in the school office or the RCC from May 9th- to May 20th to help benefit military families!

Goals of United Heroes League

- Help kids develop critical life skills through sports.
- Help take off the financial burden of paying for sports gear for military families.
- Keep kids active and healthy through sports.



What to Donate

- Basketballs
- All football gear
- Soccer balls
- Baseball bats and gloves
- All hockey gear except skates
- Lacrosse sticks and balls
- Golf clubs, balls, and shoes



All items given will be donated to the United Heroes League!

RMS-CES PARENT/COMMUNITY NEWS

Reminders & Opportunities:

Food Services



Click [HERE](#) for a link to our website page regarding all things Food Service related (menus, EBT benefits for families, lunch acct info and links to applications)



Wright County
MINNESOTA

Wright 2 School

Excused vs. Unexcused Absences

Excused Absences:

Family emergency

Illness/Medical or mental health appointments

(documentation may be required)

Religious holidays

Unexcused Absences:

Babysitting

Working

Needed at home

Child is not immunized

Car trouble

Missing the bus

Oversleeping

Weather

Habitual truant means a child under the age of 17 years who is absent from attendance at school without lawful excuse for seven full school days. If the child is in elementary school for one or more class periods on seven school days. If the child is in middle school, junior high school, or high school, or the child is 17 years old and has not lawfully withdrawn from school.

Truancy and Educational
Neglect Intervention
Program

Please click [HERE](#) to view Truancy Brochure

RMS-CES PARENT/COMMUNITY NEWS

Reminders & Opportunities:

ANNUAL STUDENT/REGISTRATION UPDATE

This year, Rockford Area Schools has implemented an Annual Update which can be found in the Parent Portal in Infinite Campus.

Keeping this information up-to-date will help families stay connected and be informed on upcoming plans and other important announcements.

Infinite
Campus

Click here

This online update will replace the emergency medical form you have received in the past. Most of the information will auto-populate from data already entered in Infinite Campus. Required fields are marked with a **red asterisk(*)** and information highlighted in yellow needs to be updated. There are also fields required by the Minnesota Department of Education such as technology access and ethnicity.

Once you are logged in to your
Parent Portal:

- Click More
- Followed by Online Registration, and a new window will open.
- Follow the prompts by clicking the Annual Update button to begin.

We are asking all families to complete this year's update **AS SOON AS POSSIBLE.**

Going forward, the Annual Update will take place yearly in August.

If you have any questions, please contact Christa Larson at larsonchrista@rockford.k12.mn.us or (763) 477-9165.

RMS-CES PARENT/COMMUNITY NEWS

Mrs. Molly Wirth,

Counselor's
Corner



MENTAL HEALTH AWARENESS MONTH

KNOW THE FACTS

- Nearly 450 million people worldwide are currently living with a mental illness, yet nearly two-thirds of people with a known mental illness never seek treatment.
- Anxiety disorders affect 25.1% of children between 13 and 18 years old.

BREAK THE STIGMA

- Break the mental health stigma:
 - Talk openly about mental health
 - Educate yourself and others
 - Be conscious of language
 - Encourage equality between physical and mental illness
 - Show compassion to those with mental illness
 - Choose empowerment over shame
 - Be honest about treatment
 - Don't harbor self-stigma

PRACTICE SELF-CARE

During the month of May, pick one of the self-care activities listed below and practice it for the entire month to help build better mental health habits.

- [Volunteer & Give Back](#)
- [Sleep](#)
 - Teens should get 8-10 hours of sleep
 - Try to keep a regular routine (going to sleep and waking up around similar times)
- [Mindfulness](#)
- [Pray & Meditate](#)
- [Practice Gratitude](#)
- [Eat Healthy](#)
- [Connect With Others](#)
- [Learn to Fail Better](#)
 - Three essential elements at the core of success and well being
 - 1) Perseverance in the face of adversity
 - 2) Ability to glean wisdom from setbacks
 - 3) A willingness to lean into life's challenges
- [Exercise](#)



Crisis Text Line: 741741

In a life-threatening emergency call 911

School-Based Mental Health Services



<https://www.nystromcounseling.com/our-services/school-based-mental-health-services/>

RMS-CES CLASS NEWS

RMS Talent Show

*On behalf of the RMS Student Council, we are
excited to invite you to the*

2022 RMS Talent Show!

*Watch **HERE***

Congratulations to all of our Talent Show performers, and we hope you enjoy the show!

Our very talented students (and staff!) have been working overtime to bring you these 35 minutes of pure entertainment. There is a wide variety of talents on display, and even a bonus vocal performance by our very own counseling staff that you won't want to miss.

Seven circles, each containing the number 5, representing the number 35 as 7 groups of 5.

SOCIAL STUDIES with Ms. Reeck

5th grade students have been studying the events leading up to the Revolutionary War in Social Studies. Recently they selected a leader from this time period they were interested in learning more about. After researching their selected person, they chose a final project to display their knowledge. Projects included newspaper articles, commemorative postage stamps, bio poems, acrostic poems, original skits and more!



RMS-CES CLASS NEWS



SOCIAL STUDIES with Ms. Wilts

Thank you to the Rockford Education Foundation for the Mini-Grant to purchase the Ojibwe Shoulder Bag Kit from the Minnesota Historical Society.

The shoulder bag kit provided sixth grade social studies students a hands-on activity connecting the arts, culture and history of the Ojibwe. Students learned about bandolier bags which were elaborately decorated shoulder pouches designed by Ojibwe women and made using beads. After learning about the bandolier bags, students spent time planning what colors they would use and what designs they would add around the border and strap of their bag. The shoulder bags took a few days to complete versus the hundreds of hours it took the Ojibwe to finish the bandolier bags. It was fun to see the creative designs the students came up with to decorate their Ojibwe shoulder bags.



RMS-CES CLASS NEWS



SOCIAL STUDIES with Mr. Jensen-Schneider

This week, 7th graders played an online roleplay game where they jumped into the shoes of a kid during the Great Depression in the 1930s. They live on a family farm that is starting to struggle because no one is buying their crops. Students progressed through a series of chapters where each decision they made, including interactions with others, choosing equipment, and designing their farm made all the difference. Some students went into massive debt trying to help their farms. Others ran away and train hopped away from home, going from city to city looking for work. Students were able to take what they had learned about how the Great Depression started and what life was like for ordinary people (information they learned the previous week) and use it to make well-informed decisions on how their choices in-game may affect their characters. Students also reviewed for their assessment this week by playing Jeopardy/Kahoot as a class. Their work studying, paying attention during class, and their attentiveness on review day helped lots of students perform well and showcase their knowledge on their assessments.



RMS-CES CLASS NEWS



SOCIAL STUDIES with Mr. Hill



This week in Social Studies, students are finishing up their Invention project. Students were tasked with designing a new invention in order to make clean water more accessible to other parts of the world. Students are also *beginning their final unit of the year* and will learn about Africa South of the Sahara. Students will explore the physical characteristics of the region, history, impact of European colonialism, post-World War II African Independence movement, apartheid in South Africa, and will also **create a children's book biography of an important figure or leader in Africa** (ex: Nelson Mandela of South Africa or Kwame Nkruma of Ghana, etc.).

